

Year 5 – PSHE End Points – Weaver Primary School

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| Families and Relationships | * I know that marriage is a legal commitment and is a choice people can make.
* I know what action a bystander can take when they see bullying.
* I know that discrimination is the unfair treatment of different groups of people, especially on the grounds of race, age, sex, or disability.
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| Health and wellbeing | * I understand the risks of sun exposure.
* I know that relaxation stretches can help us to relax and de-stress.
* I know what can cause stress.
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| Safety and the changing body | * I know the steps before sending a message online (Use the THINK mnemonic)
* I know some strategies I can use to overcome pressure from others and make my own decisions.
* I know the process of the menstrual cycle.
* I know puberty happens at different ages for different people.
* I know how to assess a casualty’s condition.
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| Citizenship | * To know what happens when someone breaks the law.
* To know that parliament is made up of the House of Commons, the house of lords and the Monarch.
* To know that parliament is where MPs debate issues, propose laws and challenge the governments’ work.
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| Economic wellbeing | * To know that when money is borrowed it needs to be paid back, usually with interest.
* To know that it is important to prioritise spending.
* To know that the income is the amount of money received and expenditure is the amount of money spent.
* To know some ways that people lose money.
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| Transition | * To know the skills needed for roles in school.
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